



DISCOVER TIBET

& the Top of the World!

May 8-21, 2025



& Giant Pandas in Chengdu!



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THE BEST OF MAN AND NATURE WORLDWIDE_{SM}

Dear Travelers:

We invite you to explore Tibet and the Top of the World with us May 8-21, 2025!

Our adventure will begin with a visit to Chengdu, vibrant capital city of Sichuan. We will visit the giant panda breeding center in Chengdu, one of three locations for panda breeding and conservation in Sichuan. Naturalistic surroundings enable us to view pandas acting much as they would in the wild.

We will then fly west to explore the cultural heart of Tibet. The Tibetan Plateau has long been a place of fascination for Western naturalists and explorers.

Our first destination in Tibet will be Tsedang near some of the oldest villages and sacred sites in Tibet. They pre-date Buddhism in this area by more than a thousand years. Lhasa is renowned for its sacred sites, and has profound spiritual significance to the Tibetan people. These include Jorkang Temple, the Potala and Norbulinka Palace, the residences of the Dalai Lama, and Ganden Monastery, poised dramatically on a ridge that overlooks the upper reaches of the Lhasa Valley.

We will also explore Namco Lake which lies in a basin at 15,500 feet elevation. Here the air is extraordinarily clear, offering luminous vistas of glaciated peaks that encircle the basin. Semi-nomadic families live here during summer, tending their herds of yaks and ponies.

Although the Tibetan Plateau is quite high, we will spend most of our time at moderate elevations. Lhasa is 11,700 feet above sea level. After a few days, most visitors acclimatize and do fine at these elevations. Our highest point overall is the pass that leads to Namco Lake at 16,900 feet. This excursion probably will set a few personal altitude records for our travelers!

We hope that you will join us to explore the fascinating heritage of Tibet and seeing the panda breeding center in Chengdu. Space is limited, so please let us know right away. For more information, please call (800) 252-4910.

Sincerely,



Bob Nansen

Robert P. Nansen, Naturalist

For AAAS Travels & Sigma Xi Expeditions



with **AAAS, Sigma Xi, & ACS**
17050 Montebello Rd., Cupertino, CA 95014

***Explore Tibet & the Top of the World
and see the Pandas in Chengdu!***

For more information & reservations

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